

When panic attacks

Matthew 6:25-34

❑ Stop worrying! (25, 31, 34)

❑ What worry does to us

- Worry distracts us from what is most important (25)
- Worry accomplishes nothing (27)
- Worry turns us into practical atheists (30)
- Worry compromises our testimony (32)
- Worry takes the joy out of today (34)

❑ What God does for us

- God cares for his creation (26-30)
 - God feeds the birds (26-27)
 - God clothes the flowers (28-30)

If God takes such good care of creation, what will he do for those created in his image?

- God cares for his children (32)

❑ Instead of worrying, put God first (33)

As we learn to trust God for today, we can be secure in his care for tomorrow.

What is “the one thing” that you will apply to your life this week?