

I swear it's true!

Matthew 5:33-37

³³“Again, you have heard that it was said to the people long ago, ‘Do not break your oath, but keep the oaths you have made to the Lord.’ ³⁴But I tell you, Do not swear at all: either by heaven, for it is God’s throne; ³⁵or by the earth, for it is his footstool; or by Jerusalem, for it is the city of the Great King. ³⁶And do not swear by your head, for you cannot make even one hair white or black. ³⁷Simply let your ‘Yes’ be ‘Yes,’ and your ‘No,’ ‘No’; anything beyond this comes from the evil one.¹

❖ **Keep your promise to God (33)**

Don't be guilty of doubletalk

❖ **“Cross my heart and hope to die” (34-36)**

Because God witnesses everything we say,
we don't need to call on God to witness what we say

❖ **Live with integrity (37)**

An oath is a poor substitute for integrity

¹ *The Holy Bible: New International Version*. electronic ed. Grand Rapids : Zondervan, 1996, c1984